



CFABA 4U Rules

Summary – all official rules are in the CFABA Rule Book and NFHS Rule Book

Bat Regulation

League	Max Diameter	Max Drop	Approved Certs
4U, 6U, 8U	2 – 1/4"	Any	Any

Field Size

League	Distance between bases	Home plate to second base	Pitching distance
4U	40 feet	60 feet	Tee Only

Length of Game

League	Max Innings	Max Time	Max. Runs per Inning	Special Notes
4U	2	1 hour	Unlimited	All players bat in 1 st and 2 nd inning.

LEAGUE SPECIFIC RULES: 4U

1. Base Running:
 - a. Base runner cannot advance until the bat makes contact with the ball, and then they may only advance 1 base – no exceptions.
 - b. No stealing or lead-offs.
 - c. If a play is made at any base, the runner will be considered out and take their place on the bench.
2. If a ball hits a coach, it is a LIVE ball and play will continue.
3. No infield fly rule.
4. Defensive Rules:
 - a. Coaches are allowed on the field to help the defense.
 - b. Any one player may not play the same position twice in a game.
 - c. The defense can be rearranged, but only once per inning (infield to outfield)
 - d. A tenth player, or more, is allowed on the field and shall take the place of an outfielder. The position shall be that of an outfielder and must remain in an outfielder position until the ball is hit.
5. There shall be no pitching, tee to be used exclusively.